



Depression We've been there We Can Help

Depression and Bi Polar
Support Alliance

www.dbsasantafe.org

[an affiliate of DBSA, Abq. 501C3]

One in five people will suffer from depression at least once in their lives. But, it is an illness where there is hope and recovery. DBSA is a **self help** organization with more than a thousand chapters in the U.S. Our common goal is to better the lives of people living with mood disorders. Free.

Meets ea. Thursday, 5:30-7:00pm

At De Vargas Mall Community Room

[easy parking + entrance at rear of mall, next to
Traveler's Market]

100% Confidential

Share

Care

Heal your Life

More info, call Juan: 505 501-2721