



We've been there.
We can help.

Depression & Bipolar Support Alliance - Albuquerque Chapter

**Weekly Peer Support Groups
for Those Living with the Challenges and Triumphs
of a Mental Health Diagnosis**

Two Albuquerque Locations:

Every Monday Afternoon

Support Groups from 2 PM to 4 PM

700 2nd Street NW, Albuquerque, NM 87102

The Coffee Shop - Room 114

On the SE corner of Lomas & 2nd intersection

Every Thursday Evening

Doors open at 6:00 PM

Support Groups from 7:00 PM to 8:30 PM

823 Buena Vista Dr SE, Albuquerque, NM 87106

Just south of Buena Vista & Coal intersection

Near the CNM Main Campus

For More Information

www.dbsaalbuquerque.org

505-288-1322 - info@dbsaalbuquerque.org